



THE
BARCLAY
SCHOOL

PHSCE POLICY

Governor committee:	Conditions for Success	June 2015
Updated by:	Amanda Read	June 2015
Policy due for review:	Conditions for Success	June 2016



THE BARCLAY SCHOOL

Aims & objectives

The aims of personal, health, social and citizenship education is to enable the children to:

- know and understand what constitutes a healthy lifestyle;
- be aware of safety issues;
- understand what makes for good relationships with other members of the school and wider community, including respecting differences of opinion;
- develop self-confidence and self-esteem, and make informed choices regarding personal and social issues and make the most of their abilities;
- have a greater understanding of finances and the value of money,
- Learn about career-related learning to develop their awareness of themselves and roles of gender, in preparation for later life.

We encourage students to:

- Value and respect themselves .
- Value and respect others for who they are, not for what they have or what they can do.
- Value healthy sexual relationships which are based on mutual respect, care and goodwill
- Value and respect differences in people's religion, culture, sexual orientation, physical and mental ability and social background.
- Value and respect their own and others' rights to make choices in sexual relationships after having accepted responsibility for considering the consequences of those choices
- Value stable and loving relationships for the nurturing of children and as the basis of a society in which people care for one another.

Students learn to appreciate what it means to be a positive member of a diverse and multi-cultural society where every person is valued regardless of age, colour, gender, ethnicity, heritage, religion or disability. In so doing, we help develop student's sense of self worth. We teach them how society is organised and governed and about their rights and responsibilities. We ensure that they experience the process of democracy and empowerment of 'student voice' in school through membership and contribution to the School Council. We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school special events such as an assembly based on 'anti-bullying'. We also use outside agencies and visitors from the community in order to deliver aspects of PSHCE such as the police, fire-fighters, drug education programme providers, sex and relationships programme providers, or recycling teams.



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Curriculum

Students are taught in mixed groups in all year groups. Year 7 students are taught one hour a week and follow the Thrive: Healthy Minds Programme which is a four year programme including the Penn Resilience Programme (see Appendix 1), Year 8 and 9 students are also taught one hour a week (See App 2 for curriculum programme). Year 10 and 11 students are taught one hour a fortnight (See App 2 for curriculum programme).

Sex and relationships education is taught within the PSHE programme at Key Stages 3 & 4. Biological aspects of SRE are taught within the science curriculum and some moral aspects are taught within Religious Studies.

The school advises parents of the content of PHSCE programmes in advance which includes a parents legal right to withdraw their child from PHSCE lessons. Any parent wishing to withdraw their child is encouraged to make an appointment with a Deputy Headteacher to discuss the matter. In addition the school publishes information on the PHSCE programme on its website.



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Appendix 1

Health Minds Journey

Year 7 Managing The World Around Me	Penn Resilience Programme
	Media Navigator
	<i>.breathe</i>
Year 8 Moving Towards The Future	School to Life
	Unplugged Part One
	Media Influences
	Sex Ed Sorted Part One
	Relationship Smarts Part Two
	Review and Connect
Year 9 Taking Control Of My Decisions	Relationship Smarts Part Two
	School Health and Alcohol Harm Reduction Project (SHAHRP)
	Sex Ed Sorted Part Two
	Science of Mental Illness
	Review and Connect
Year 10 Beginning Of Adulthood	Mood Gym
	Unplugged Part Two
	Parents Under Construction
	Resilience Revisited, Review and Forward Plan



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Appendix 2

Curriculum plan – years 8 - 11

Year 8			
Relationships SGA (X) HTO (Y)	Living in the wider world CWH (X&Y)	Living in the wider world TAN (X) & SED (Y)	
SRE: Changing friendships/good/bad	Energy and Recycling project 5-6 Encouraging recycling	Living in a Democracy project 5-6	
Dove programme-positive self-esteem Confidence and self esteem	Investigating local community schemes	Exploring Democracy and how people take part in it	
Marriage, Civil partnerships and family life.	Encouraging recycling		
Year 9			
Relationships SGA (Y&X)	Living in a wider world AKA (Y)	Living in a wider world RMA (Y) NDU (X)	Health and wellbeing SED (Y) HTO(X)
SRE: Contraception and protection	The strengths and weaknesses of social media. You decide? Social-networking, 'friend or foe?' News report.....	Enterprise Project 5-6 Mobile phones	The role of parents, carers and children
STi's			Breakdown of relationships
Risky behaviour and consent			Loss, separation ,divorce and bereavement Managing mental health



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Year 10			
Relationships SGA (Y&X)	Living in a wider world GWA (x) LNO (Y)	Health and Wellbeing SED (Y) CWH (X)	Living in the wider world EPO (X) PBH (Y)
SRE: Is porn harmful?	Tackling discrimination Society and work	Parenting Skills Underage pregnancies	Enterprise: The Chocolate experience
Health and wellbeing	Critical consumerism Goods and services Purchasing choices	Managing mental health and depression Where to get help?	Managing Risk Understanding debt and gambling
Let's talk about it. Sexual, violent, domestic abuse			
Year 11			
Relationships SGA (X&Y)	Health and wellbeing PBH (X) (&Y)	Living in a wider world SGU (X &Y)	Living in a wider world JHA (Y) DDR (X)
Homophobia - Let's Tackle It Abortion Sexting- the consequences	Cooking on a budget Weekly planning	Morality and Ethics	Multi-cultural cuisine